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## Dates for the Diary:

6-13 July  
NAIDOC Week

14 July  
First day of Term Three

23 July  
Brendan O'Hara – Kinesiology

13 August  
Excursion to Tawonga PS

27 August  
Excursion to Mt Beauty PS

4-11 August  
Dental Health Week

12 August  
Reptile Encounters

24-30 August  
Enviro Week

7 September  
Father's Day

18 September  
Barry Peters – Song & Dance

19 September  
End of Term

# Room Reports

## Kiewa Kids

As mid-year approaches, we are all now comfortable with our routine in the Kiewa Kids Room, eager to learn, develop new skills and establish friendships. Having an inclusion support worker four days a week has increased our educator to child ratios which has allowed us to occasionally go on spontaneous and planned walking excursions. We have been to the Bakery, where we were very interested in the road works on the way, and then enjoyed babyccinos. We've been on a nature walk to the lake where we fed the ducks, and one morning we made streamers and went to cheer on the Mt Beauty Primary School Fun Run. It was very exciting to see some of our older siblings and some Lake View graduates all grown up. To extend on this experience, most of Lake View's staff were inspired to participate in the recent Mt. Beauty Half Marathon entering the three and ten km events, role modelling healthy life styles and community participation.

Connecting with wider community, we have celebrated; Mother's Day, creating beautiful autumn tree canvases with our own hand prints, Easter: We demonstrated fantastic fine motor skills and concentration picking up plastic eggs with tongs. For Earth Hour we focused on The Great Barrier Reef and turned our room into an ocean display with our artwork and learnt about sea life and taking good care of our planet.

To challenge our gross motor skills we have introduced balance bikes for some of our older members. Helmets are a must as children learn to ride confidently and safely.

The Big Red Bus has been an ongoing favorite at story time with the children 'reading' along with the educator. We dramatized the story with vehicles we made ourselves out of recycled materials discussing size colour and quantity, then we created some fabulous artwork driving the various vehicles through paint and across paper!

A recent addition to our room has been the home corner where the children have demonstrated their domestic skills, cooking, cleaning and having meals together. It's wonderful to see our children reflect the values, traditions and practices of their families and communities.





## 3Yo Kinder / Bogong Room

Over the last few weeks, (and with the assistance from educators) The children have been involved in the growing of wheat, crushing of the wheat seeds to collect the wholemeal flour, then to use this flour (along with bought wholemeal flour) to then make and bake damper. We also made our own butter from cream to eat with the damper. This intentional teaching experience came from an observation from another child, which turned out to be an ongoing and evolving LEARNING project.



Some of the highlights of this learning experience were: The engagement of the children in the process. The group participation as children mix, measure and involve themselves and work collaboratively. The associative / partnership play – the children interact, take turns, listen to directions, share and decide how and what to do. They collaborate, develop and negotiate ideas within the cooking process. The children's interest and eagerness to see and taste the end product.

## 4 Year Old Kindergarten



It's hard to believe that we are nearing the end of Term Two already! The children have had a fantastic Term with many new and interesting learning stories occurring. The educators have used the talking tub and floor book to find out children's knowledge about Sustainability.

This was a valuable experience that led into discussions and activities relating to energy saving, recycling, worm farming and

composting. The children were actively engaged in all areas of this learning experience and it tied in nicely with them planting their own daffodil bulbs. We have been tending to them daily and observing their growth.

The children went on an excursion to the Library as part of Library Week Celebrations. Alex read the story "Too many Elephants in this house". This correlated perfectly with Gaby starting the Kindergarten Library. We hope you are enjoying reading at home as much as we are at the Kindergarten.

Musical instruments have been incredibly popular with children actively participating in group time for well over 45 minutes. We have been learning about beats and children have been creating their own beats for each other.

## RECIPE

### LAMB KOFTA CURRY

|                       |                             |
|-----------------------|-----------------------------|
| Ingredients           | Meatballs:                  |
| 500g lamb mince       | 1 onion                     |
| 1 Clove Garlic        | 10g piece ginger            |
| 1 egg                 | ½ tsp cumin                 |
| ½ tsp coriander       | grated zucchini<br>& carrot |
| Curry Sauce           | 1 onion                     |
| 1 can tomatoes        | 10g piece ginger            |
| 1 clove garlic        | 1 tbs tomato paste          |
| 5 cloves              | 1 ½ tsp coriander           |
| ½ tsp turmeric        | 1 ½ tsp paprika             |
| 1 ½ tsp cumin         | ¼ cup water                 |
| 1 tsp garam marsala   |                             |
| ½ cup natural yoghurt |                             |

### Method

Mix meatball ingredients together and form into balls. Cook meatballs.

Sauce - Cook onion, garlic, ginger.

Add cloves, tomato paste, turmeric, coriander, cumin, paprika, garam marsala and cook for about 30 seconds.

Add tinned tomatoes. Stir in yoghurt and bring to simmer. Pour over cooked meatballs and serve.

Learning is more than the acquisition of the ability to think; it is the acquisition of many specialised abilities for thinking about a variety of things.  
(Lev Vygotsky)

## Family and Friends

The Lake View Children's Centre Family & Friends Group (FFG) updates:

**Fundraising:** We have raised over \$1,800 during 2014 with our 4YO Kinder Bike-a-thon, Mother's Day Raffle (winner: Bonnie Ponzozzo), Hot Cross Bun Drive & Easter Egg Guessing Competition (winner: Ivan Zirnstein). A huge thank you to everyone who has contributed time & money to these events.

**Scholastic Book Club:** please look out for the Book Club brochures (in you child's kinder / childcare pocket each month) or speak with Leanne Hull should you have any questions

**Master Plan:** we have been working with Centre staff & community stakeholders to develop a Building Master Plan for Lake View Children's Centre to include a new multi-purpose room and some much needed upgrades to the Centre. The Master Plan will be displayed in the Centre foyer for feedback in the coming months, please speak with Julie Tryhorn should you have any questions.

**Kinder Room changes:** recent improvements to the Kinder room include the installation of a sliding door onto the deck area, repainting the room, new ceiling fans & new felt boards for art work to be displayed. The changes were paid for via a government grant together with ACS & the FFG each contributing \$750.

**Coming up:** During term 3 the FFG will be coordinating printed T-towels with our children's drawings / handprints and organising our annual Father's Day Raffle.

**Movies in the school holidays:** Alpine View Children's Centre (Bright) will be running movies at the Bright Information Centre on Wednesday 2nd & Thursday 10th July @ 2pm during the July school holidays - popcorn & juice boxes available. Stay tuned for more info on what will be screening.

**Meeting dates:** The next FFG Committee meeting will be on Tuesday 15 July & Tuesday 19 August @ 7pm in the Kinder Room – all welcome

**Committee:** Please speak with any of your Committee members should you have any questions or wish to become involved with the FFG. Committee members include Julie Tryhorn, Leanne Hull, Lisa McCluskey, Richard Stratton, Nicole Kilgour, Jo Macklan, Tania Thurkettle, Rachel Fallon, Jane Barter, Isabelle Raw & Eloise Fountain.

## From the Educational Leaders Desk

The educators at our centre had the opportunity to attend the ACS "Expanding Your Toolbox" Conference in May. This conference provided educators with knowledge and skills that they can put into their everyday practice.

The children also had the opportunity to be part of the conference by being involved in making the Welcome sign that was on display.

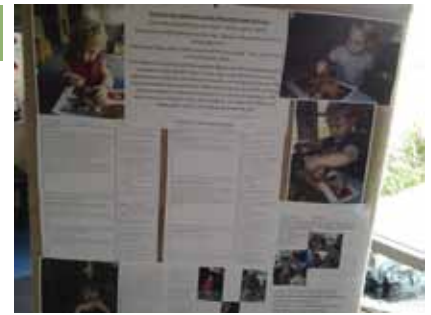
This was an amazing experience capturing all the hands at our service. We also had many clay experiences that the children were involved in. This documentation was on display at the Conference.

Working together promotes:

- A sense of belonging
- Builds partnerships
- Strengthens relationships

## Seedlings

We have all been talking about and looking at our worm farm over the past few weeks. "What can worms eat and what can't they eat" has been the main topic. The children are able to look at a poster that gives us this information. By using this tool the children have been talking about the food we eat at Lake View and what scraps can be fed to our worms. We all know they eat fruit and vegetables, leaves, paper and old flowers. We all know what they can't eat .... meat, onions, garlic, citrus and dairy products. We will be getting the children involved at meal times to separate the food for the worms.



## Maternal Child Health

SIDS and KIDS have developed a new publication Cot to Bed Safety which is now available to download from [www.sidsandkids.org](http://www.sidsandkids.org) or copies of this pamphlet and others are available from the Alpine Maternal & Child Health Service.

Cot to Bed SAFETY discusses when to move your child out of a cot, where to sleep a child who has moved from a cot, such as a floor mattress, a toddler bed and the safety concerns of an adult height bed. It also considers making your home safe before the move.

Points to remember in order to sleep young children safety are:

- Safe bed
- Safe mattress
- Safe bedding
- Safe sleeping environment both night and day

Some safety alerts include use of:

- Bean Bags
- Sofas
- Large cushions
- Air mattresses – these are not safe places for young children to sleep.
- Bunk beds are not recommended for children under 9 years of age

The ACCC have also updated their publication A detailed guide for consumers: FIND OUT MORE-Keeping baby safe, A guide to infant and nursery products, this is also available from the Alpine MCH Service.

## Successful Parent Evening & Conference

Alpine Children's Services hosted a very successful parenting evening and educator's conference on 22 & 23 May. Over 80 people attended the parenting evening on Thursday night, with three wonderful presenters.

First up was Warren Cann, CEO of the Parent Research Centre, who presented 10 valuable tips for strengthening parent's relationships with their children, dealing with difficult behaviour and coping with the 24-7 demands of being a parent. Julie Baker then presented on Sensory Processing Disorder and how families can support their children. Niki Buchan finished the evening by talking about the topical issue of risk-taking in outside play.

All the services managed by Alpine Children's Services closed on the Friday to allow all educators to attend the whole day conference. Invitations to the conference were extended to the wider Hume region community. 50 ACS staff attended, with another 65 staff attending from local schools and early childhood services – 115 in total. The conference was a great success with seven presenters, speaking on topics such as: sensory processing disorder, emotion coaching, indigenous curriculum and simplifying documentation. One attendee noted on the feedback sheet that the speakers were, "...both very interesting and I have more thoughts and ideas to help improve my teaching." Another person noted, "Excellent speakers across a broad range of interest areas."

Alpine Children's Services would like to thank the event sponsors - Bendigo Bank (Bright), Alpine Health, Alpine Shire Council and Gateway Community Health for their fantastic support. ACS would also like to thank St. Mary's Primary School, Myrtleford P-12 and Mountain H2O for their support.

## Reminders

Lost property: Please make sure you check that all your child's belongings for the day have been returned to their locker/bag. If goods remain uncollected they will either be placed in our spare clothing or taken to op-shop. We cannot be held responsible for unnamed items.

Warm Clothing for the winter. Please ensure your child has a good supply of spare clothes and waterproof shoes/gumboots and jackets for outside play. The children are constantly getting wet through their play and we cannot keep up with the supply of spare clothes.

REMEMBER we will always attempt to have outside play every day even on cold and wet days. Our children benefit from this and learning increases.

### **New Fee Schedule from July 7th 2014**

As you will now be aware, our new fee schedule will commence from Monday 7th July 2014.

Please speak to Paula, Babette or Izzy if you have any queries about the new fees, your account or are experiencing financial hardship.

