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LET'S GET OUTSIDE!

With the cold wet weather comes a reminder to pack plenty of warm and spare named clothing, as we still like to get outside to burn up all that energy even when it's cold and wet. Waterproof over pants are ideal for our crawlers as they like to get outside too. We embrace outdoor play and try our best to get outside even if only for a short period of time.

Dates for the Diary

Primary Schools would like all enrolments for 2014 by the end of Term 3

August 21st

Excursion to Tawonga Primary School (4 year old kinder)

September 11th

Excursion to Mount Beauty Primary School (4 year old kinder)

September 19th

Barry Peters Performance (4 year old kinder Incursion)

October 16th

4 year old kinder photos

October 18th

3 year old kinder photos

Thank you Eloise, Gaby and Kay

News from the Rooms

KIEWA KIDS

The children are all established in their daily routines, and it's been a wonderful privilege to watch friendships develop and grow. It's easy to see the sense of belonging and a sense of community amongst our children. Fairness, sharing and turn taking are reinforced in the Early Childhood Educational setting several times a day. All challenging concepts to grasp for this age group, so we take every opportunity we can to promote these behaviours with constant positive reinforcement.

We are seeing and encouraging gentle nurturing qualities in our children's role play; lots of cooking in the sand pit, cuddling of baby dolls and pram pushing. The purchase of two new toy shopping trolleys have been popular in enhancing this type of play. Children have the opportunity and are encouraged to practice aspects of their identity.

Also new to the Kiewa yard is our big red climbing frame ship, which has been hugely popular and challenging for our budding climbers; building on muscle strength, balance, coordination and spatial awareness. A big thank you to Helen and Sybrena for the huge mental and physical challenge of putting it together in their own time on the weekend! We have been very fortunate to welcome Keiko (Certificate III) into our room as a volunteer on Wednesdays, and it was fantastic to have Kerri (a Bachelor Student) who completed 20 days of placement with us recently. The children benefit greatly from having extra adults in their life to take an interest in their daily lives. We look forward to welcoming Brenda (a Certificate 3 student) into our room in the coming few weeks.

It also benefits our group by having increased adult ratios, which mean on occasion we may be able to take some short walking excursions. We recently went on a nature walk collecting Autumn leaves for nature collage, developing an appreciation for our local environment. Come and see our beautiful autumn leaf display, before we transform our room into a winter wonderland.

Currently we are looking at all things "space" which has given us the opportunity to discuss the world and beyond. Stars, the moon, planets, space scenes and even rockets have been made by our creative children.

Several of our children will be turning three and progressing on to the Bogong Room in the coming few weeks. This transition



has been made easier for them as they spend increasing amounts of time in the 3-5 setting getting to know the teachers, children and routines.

Please take time to look at our daily journal to see what your child has been up to. Also feel free to look at or borrow your child's Learning Journal anytime. Just let an educator know. We love to have family's insight into their child's life at home. Educators are also happy to discuss their child's current needs strength and interests any time, and are also available for private consultation if required. Just ask to arrange a suitable time.

Georgie and Helen



BOGONG ROOM

The children have really settled in well, and have been busy with lots of opportunities for learning. Open-ended craft is always available for the children, so there have been lots of great creations happening.

The undersea world has been taken down, to make way for our autumn craft, so you will see new things hanging from our ceiling now. Please also look around the room for other wonderful art and craft that the children have been doing, they are creating some beautiful work.

Jacob Cooper, Isobel Stratton and Xavier Zirstein have now turned three, and are included in the 3-5 group, making way for other children from the Kiewa Kids room to have some transition time in our room in the lead up to the children turning three over the next few weeks. The transition time is important in settling children into a different room, different educators, different routines etc.

We would like to welcome Skye Power, Nina Pischetrieder, Tia Young and their families to Lakeview Children's Centre.

On the 2nd of May we had a visit from Senior Constable Peter Johns, to talk to the 3-5 children about personal safety issues such as road safety, bike safety, wearing seatbelts, car restraints and stranger danger. The children thoroughly enjoyed this visit, and it was lovely to watch them take part in discussions and other related experiences.

Mother's Day Raffle. Thank you to the following businesses that contributed items for the raffle: Seasons fine food, Mount Beauty Food works, Cheeky bits, Sassy Road, Hair Biz on Holland, Mount Beauty Newsagency and Joss Therapies. A big thank-you also to the families that contributed to the hamper. The raffle raised close to \$400, which will go towards purchasing resources for the children. The raffle



GOING FOR WALKS AND CROSSING ROADS

As your child grows, you're likely to be out walking and crossing roads more and more. Even quiet side streets on the way to the local park can be dangerous. They can also be a great learning opportunity - you can use them to help your child develop her awareness of road safety.

While your child's learning, these guidelines will help prevent accidents:

- It's essential to hold your child's hand when crossing roads together and wherever there's traffic or cars. Take special care where there's a lot of traffic, high-speed traffic, narrow or non-existent footpaths, or things that block the view, such as parked cars and trucks, trees, hill crests or crowded footpaths.
- Your child will learn by example, so always cross at pedestrian crossings or corners, wait for the lights, and look in every direction to check there are no cars coming. To help your child understand about when it's safe to cross, explain what you're doing.
- Stop at driveways and check there are no cars reversing or entering.
- Start talking about road safety while your child is still in the stroller. For example, 'Uh oh, car coming. Better wait until it's gone before we cross'. Keep talking about road safety as he grows.
- Even if your child protests or wants to run, tell her she can only cross roads when she's holding your hand. Praise her when she holds on without a fuss.

"Tell me and I forget, teach me and I may remember, involve me and I learn."

— Benjamin Franklin

WATCH THIS SPACE.....

New outside playspace group
A small, yet enthusiastic group of staff and one parent have formed to begin the task of transforming and improving the outdoor learning environment. We will be communicating our plans for 2013 soon and hope you can join us for a working bee or two!

was drawn in Kindergarten by Parent Julie Tryhorn, and was won by Heather Beach.

14th May we had a visit from Brendan O'Hara, he is a kinesiology and education consultant. He is also a national and international lecturer and presenter. Brendan has taught this program successfully to children in pre-schools and primary schools throughout Australia. He teaches parents, early childhood workers, teachers and carers. Through the years he has used many forms of music and movement for assisting children's development.

Kinesiology assists children to: develop through song and dance using cross-crawl and other brain gym movements, develop gross and fine motor skills, co-ordinate the left and right halves of the brain and body, integrate upper and lower body awareness, cross the midline, prepare for and improve reading and writing.

A website you may like to look at.
www.movementandlearning.com.au

3 Year Old Kindergarten - Term 2

The 3 year old Kindergarten group have been very settled during term two and parents' leaving swiftly in the mornings has really helped to settle some emotions at the start of the day. We have welcomed some new faces. Massimo and Matthew have joined the group and have settled well enjoying all the activities, especially outdoors.

The children have been exposed to a variety of activities with pasting and drawing being favourites. This particular group of children seem to thrive on all forms of art and craft experiences. Sensory play is always welcomed such as play dough and "bubber" our soft white moulding material. These activities allow for the children to extend upon their sensory capabilities.

All children love songs, dance and finger-games and are doing really well in remembering actions and words. Some new songs the children have learnt are: "3 little speckled frogs"; "The magic play dough"; "You can stamp your feet"; "Dingle Dangle Scarecrow"; "Der Glumph".

We have also been talking about native Australian animals and read several stories related to some of these. The group are listening to stories with great interest.

Outdoors the children are improving their climbing, riding and balancing skills. The sand pit continues to provide opportunities for building, construction and beginning mathematical discussions. We have introduced the road signs which have extended children's understanding of road rules and the use of signs as a form of communication.

There has been lots of role-play indoors in the home-corner and outdoors using our beautiful dress-ups. The "Tee Pee" was set up in the room for a period of time as a quiet area for up to two children to use. Some children had teddy bears picnics and tea parties in the Tee Pee whilst others explored the torches. The group have been learning about respecting each other and how to use words to communicate with others rather than actions.

Morning tea time is very successful with the children enjoying the varieties of fruit and other foods and their growing independence with serving, clearing tables and washing hands.



We have enjoyed the many Special Guests we have had during the term and look forward to meeting many more during Term 3. The last day for 3 year old Kindergarten is Friday the 28th June.

Thank you Eloise, Gaby and Babette.

4 YEAR OLD KINDERGARTEN - TERM 2

The first week of Term two was filled with fun and excitement as the children participated in the annual Bike-athon and performed at the Mount Beauty Music Festival. On Thursday the 18th April the children brought along their helmets that they had decorated at Kinder and rode bicycles and scooters around a designated lap set up in the Cricket Club Car Park. At the completion of the Bike-athon the children shared in the satisfaction of participating in the event and recognised their individual achievements. An amazing job was done by all children and they raised an incredible \$693.10 that was used to purchase our new CD player (affectionately known as our 'boom box'). Thank you to Shelley for organising the event and to all the wonderful parents and family members that came along to cheer the children on.

As an extension of the Bike-athon activities and discussions we had our local policeman Peter Johns visit the Centre with his patrol car. Peter spoke to the children about road safety and helmets, seat belts and child seats, stranger danger and in general about what the role of the police is. Through this experience children extended upon their understanding of the police and their connection to our community. Thank you Peter for sharing your valuable time and knowledge with the children.

The performance at the Mount Beauty Music Festival was a beautiful experience for all those who were able to participate. The children performed several songs on the 'big stage' in the Community Centre. It was fantastic to see so many family and friends in the audience and even with a slight technical hick up the children soldiered on with confidence. This event enhanced a sense of community and belonging within the Kinder group.

We were lucky enough to have Brendan O'Hara visit the children and conduct a Kinesiology and movement to music session. Brendan performed a number of songs, dances and exercises with the children that are designed to promote better communication between the different parts of the brain, particularly the right and left hemispheres, and better integration between the brain and the body. "These techniques are found to improve reading, writing, mathematics, spelling, concentration, self expression, memory and physical co-ordination. For



pre-schoolers it means improved co-ordination, balance and focus.” It is amazing to witness how quickly the children have picked up these activities and how much they enjoy them.

Another focus during Term two has been talking with the children about the meaning of the words ‘Responsible’ and ‘Respect’. Izzy discussed with the children what it means to be ‘Responsible’. ‘Responsible’ is to make good choices and not being ‘Responsible’ is to make bad choices. This description of choices was specifically used in a language that children could relate to. The word ‘Respect’ has enabled children to have a better understanding of how we can show ‘Respect’ to each other and our environment.

During Term two the children’s library has been established whereby children have their own library bag and are able to borrow one book at a time to take home and then return to Kinder. The library has instilled within the children an appreciation of books and literacy as well as a greater level of responsibility and care for Kindergarten equipment. We were lucky enough to extend upon our library discussions by having an excursion to the Mount Beauty library for story time. Thank you to Brenda and Julie for helping with this excursion.

Show and tell continues to provide children with a means of extending upon their verbal skills, listening abilities and comprehension. The show and tell roster is displayed in the foyer for those children and/or families who need reminding. A new show and tell roster will be sent out next Term. Thank you to those people who have been able to participate

in our Special Guest roster, we really appreciate your time and the children love having you as part of the program. Please check the Special Guest roster for vacancy now and into Term three.

During the term we surveyed families as to how they were finding the provision of a healthy morning tea and lunch. The majority of families who returned the survey were happy with the provision of food and wish to have this continue for the remainder of the year. The educators have observed that children are now eagerly trying new foods and eating considerably well. Two out of three lunches per week are nutritious, warm cooked meals and the third is a variety of healthy filling sandwiches. The menu is now displayed on the window above the program if you want to know what the children are eating. In term four we will be conducting some innovative education regarding healthy foods for lunch-boxes to prepare the children and families for packing these for school.

During the last week of Term two we will be conducting “Information Sharing Sessions” for those families that are interested in discussing their child’s progress, goals and expectations for the remainder of the year. Please place your name on the schedule sheet next to the sign in book. If none of these times are suitable please talk to Gaby or Eloise.

We hope you all enjoyed your mother’s day gifts that the children spent considerable time creating. With the wet weather now upon us please make sure children bring appropriate shoes and jackets for outdoor wet weather play. The last day of Term two is Thursday 27th June.

TRY THESE TIPS TO ENCOURAGE THE BEHAVIOUR YOU WANT IN YOUR CHILD.

1. Children do as you do. Your child watches you to get clues on how to behave in the world. You’re his/her role model, so use your own behaviour to guide him/her.
2. Show your child how you feel. Tell him honestly how his behaviour affects you. This will help him see his her own feelings in yours, like a mirror. This is called empathy.
3. Catch him/her being ‘good’. This simply means that when your child is behaving in a way you like, you can give her some positive feedback. For example, ‘Wow, you are playing so nicely. I really like the way you are keeping all the blocks on the table’. This works better than waiting for the blocks to come crashing to the floor before you take notice and bark, ‘Hey, stop that’.
4. Get down to your child’s level. Kneeling or squatting down next to children is a very powerful tool for communicating positively with them. Getting close allows you to tune in to what they might be feeling or thinking.
5. ‘I hear you.’ Active listening is another tool for helping young children cope with their emotions. They tend to get frustrated a lot, especially if they can’t express themselves well enough verbally.
6. Keep promises. Stick to agreements. When you follow through on your promises, good or bad, your child learns to trust and respect you.
7. Reduce temptation. Your glasses look like so much fun to play with - it’s hard for children to remember not to touch. Reduce the chance for innocent but costly exploration by keeping that stuff out of sight.
8. Choose your battles . Before you get involved in anything your child is doing - especially to say ‘no’ or ‘stop’ - ask yourself if it really matters. By keeping instructions, requests and negative feedback to a minimum, you create less opportunity for conflict and bad feelings. Rules are important, but use them only when it’s really important.
9. Whining: be strong. Kids don’t want to be annoying. By giving in when they’re whining for something, we train them to do it more - even if we don’t mean to. ‘No’ means ‘no’, not maybe, so don’t say it unless you mean it. If you say ‘no’ and then give in, children will be whine even more the next time, hoping to get lucky again.
10. Keep it simple and positive. If you can give clear instructions in simple terms, your child will know what is expected of him. (‘Please hold my hand when we cross the road.’) Stating things in a positive way gets their heads thinking in the right direction. For example, ‘Please shut the gate’ is better than ‘Don’t leave the gate open’.
11. Responsibility and consequences . As children get older, you can give them more responsibility for their own behaviour. You can also give them the chance to experience the natural consequences of that behaviour. You don’t have to be the bad guy all the time. For example, if your child forgot to put her lunch box in her bag, she will go hungry at lunch time. It is her hunger and her consequence.
12. Say it once and move on. It is surprising how much your child is listening even though he might not have the social maturity to tell you. Nagging and criticising is boring for you and doesn’t work. Your child will just end up tuning you out and wonder why you get more upset.
13. Make your child feel important. Children love it when they can contribute to the family. Start introducing some simple chores or things that she can do to play her own important part in helping the household.
14. Prepare for challenging situations. There are times when looking after your child and doing things you need to do will be tricky. If you think about these challenging situations in advance, you can plan around your child’s needs. Give him a five-minute warning before you need him to change activities.
15. Maintain a sense of humour. Another way of diffusing tension and possible conflict is to use humour and fun. You can pretend to become the menacing tickle monster or make animal noises. But humour at your child’s expense won’t help. Young children are easily hurt by parental ‘teasing’. Humour that has you both laughing is great.

Policy Updates

MANAGING CHILDREN WITH MEDICATION, ANAPHYLAXIS, ASTHMA, DIABETES AND EPILEPSY POLICY:

This policy now includes the following:

- Ensure that any changes to the Asthma Action Plan are made in consultation with the child’s doctor and a copy of the new Asthma Action plan is given to the service.
- Any changes to any action plans must be provided to the service
- A child must not attend service within 48 hours of commencing medication also changed this in the Illness Policy

FEES POLICY:

- The fees for the three and four year old kindergarten program at Lake View Children’s Centre and the Universal Access Program at Alpine View Children’s Centre will be notified to families in Term Four. In the case of a child being absent for a prolonged period (e.g. a fortnight during the term or even a whole term) the total fee for that period will still be applicable, in order to hold a place in the program for that child.

NAPPY CHANGING AND TOILETING POLICY:

These two policies have now been combined.

INTERACTIONS WITH CHILDREN POLICY:

This policy has been completely re-written.

GOVERNANCE AND MANAGEMENT POLICY:

This is now a 5 page document not 1. A lot of new information has been added including a management flow chart.

SUN SMART POLICY:

Risk Controls and Role Modelling. As part of OHS UV risk controls and role modelling, when the UV is 3 and above staff will:

- wear sun protective hats, clothing and sunglasses when outside
- apply SPF 30+ broad spectrum, water resistant sunscreen
- seek shade whenever possible