



Alpine View children's centre



Spring Parent Newsletter 2014

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Dates for the diary:

Ride or walk week
October 15

National Children's Week
19-27 October

Flying Bookworm Company
23 October

Pete the Plumber
28 October

Responsible pet program
19 November

Water Education with
Diane Doyle
25 November

Christmas closure dates:

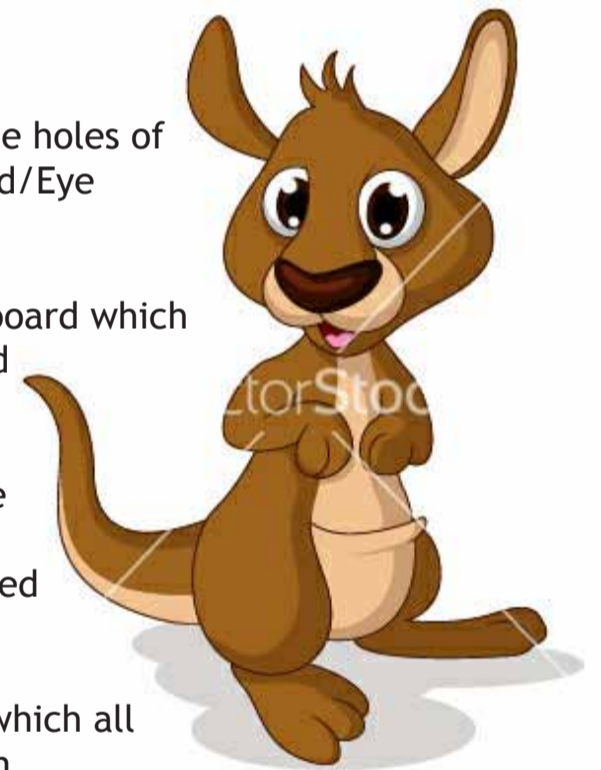
Close 5.45pm 23 December
Re-open 5 January

News from the Rooms



Joey Room

- Feathers were provided to thread into the holes of a colander to work on the children's Hand/Eye Co-ordination.
- The Joey's now have a permanent chalk board which is accessible at all times and well utilised by all the children.
- Counting has become a focus point in the Joey's. Some of the children are very interested in numbers. We have introduced numbers on the wall and flash cards.
- New Home Corner furniture has arrived which all the children gain a lot of enjoyment from.





Wombat Room

The children have displayed their emerging development through their play and learning:

- Group Times becoming more interactive
- Tackling and completing more complex puzzles
- Learning and reciting colours from various activities such as - painting, pastings and peg boards
- Their ability to share and wait their turn with an understanding of why.
- Lots of interactive outdoor play with joining in with friends and also older children's activities.
- Planting of new grasses and helping to water them
- Making of Father's Day presents
- Role Play with out friends - cooking, babies and prams
- Learning to ride Balance Bikes around and over obstacles.



Important Reminders

Sun Smart Clothing, Hats and Shoes

It's that time of the year again. From September 1st 2014 until April 30th 2015 our Sun Smart policy has kicked in for yet another summer. Please remember that all children must wear clothing that covers their shoulders i.e. no singlet's or dresses with straps. Children must also wear a hat for outside play. Children are very active at the centre and need comfortable sturdy shoes. Thongs, crocks and high heeled shoes are not appropriate. Sunscreen will be applied at least 20 minutes before going outside.

If your service does NOT supply a hat, one must be supplied by the child/children's parent/guardian.

It must remain at the service, be clearly labelled with your child's name and must adhere to the following criteria:

- hat should shade your face, head, ears and neck
- a broad brimmed style hat should have a brim of at least 7.5 cm
- a bucket style hat should have a deep crown, angled brim of at least 6 cm and sit low on the head
- legionnaire style hats should have a flap that covers the neck and overlaps at the sides of the front peak

Please be aware that if your child does not have a hat they will NOT be allowed outside.





Emu Room

Marlene, Dianne, Naomi, Denise, Kristy, Mica, Elissa, Joan, & Carolyn



During August and September we have been focusing on the following skills:

- Name and letter recognition and name writing
- Finger, hand, arm and upper body strength
- Bike safety, turn taking and inclusion
- Colour recognition
- Numeracy and Literacy
- Collaboration and inclusion- Block building
- Excursions to develop an awareness of what is offered in our community. We have been to the library and visited the Maternal Health Nurse. In the near future we are planning visits to the police station, post office and the previous Kindergarten site to dig up bulbs.



Myrtleford Maternal & Child Health

Rebecca Sacco has over 13 years of experience as a practicing nurse and midwife. In 2012 Rebecca completed a Masters in Maternal Child Health to transition into the community health sector and has been working with the Alpine Shire for the last 2 years. Rebecca is passionate about working with people, health and wellbeing, sustainable living and all things related to wool.



Bright Maternal & Child Health

Dee McKerral started her nursing career as a State Enrolled Nurse then travelled to her country of birth to reconnect with family. Once back in Australia, Dee returned to study and completed her Bachelor of Nursing at La Trobe University and then moved to Melbourne to consolidate her university education at Monash

Medical Centre. Dee continued with her nursing studies & completed a Post Graduate Diploma in Midwifery at Monash University, and has practiced as a nurse and midwife in metropolitan, regional and rural settings. Dee decided to continue studying & returned to La Trobe University to complete a Post Graduate Diploma in Maternal & Child Health as her interest was to eventually work with families and their children in the

community. Dee has worked in both the public and private sectors. Having worked in Alpine and other local government areas over the last 10 years, she has recently taken on the role of coordinator of the service.

Other than work, Dee spends many hours running her three children around to sport; she enjoys walking, reading and good food and times with friends.



Mount Beauty Maternal & Child Health

Mandy Lawless' nursing career spans thirty three years so far.

This has included five years in Accident and Emergency Department Nursing, twenty- two years in Maternal and Child Health Nursing in Melbourne and N.E. Victoria and three months as a Volunteer Midwife in Central Pakistan.

After in-hospital training at the Royal Melbourne Hospital and Mercy Hospital for Women, she completed a Graduate Diploma of Applied Science (Child and Family Health Nursing) in 1992 and took up Maternal and Child Health Nursing full-time.

The privilege and challenges of supporting diverse types of families in their early parenting experiences has kept her coming back for more. Offering a service which recognises and supports the cultural backgrounds and needs of families, and the unique role of fathers are particular professional passions.

An Alpine tree change in 2011 with her very supportive partner and great son brought her to the area after years of holidaying in Porepunkah.

Out of hours sees her growing food and flowers, dressmaking, soaking in the Alpine scenery while walking the dogs, and dreaming of Norfolk Island and hammocks (and a good book) by palm fringed lagoons!



Educational leader - Dianne Berton

- I took over the role of the Educator Leader on the 20th August.
- Since attending the ACS conference in May some of the educators have changed their planning style and I look forward to them sharing their new ideas with myself and other educators.
- Our Assessment and Rating visit has been rescheduled until 25th & 26th of November.
- Each room displays information about the curriculum and your child's learning so please become familiar with how this is done in your child's room. If unsure please feel free to ask the educators in your child's room.

Family and Friends

Christmas Hamper: Family & Friends will be organising a Christmas raffle and hamper to be drawn at the Christmas Party later in the year. We are calling for donations to this hamper, a bottle of wine, some chocolate, a kids game, a voucher or anything else you can think of. Please drop your goodies off at the office and tell Catherine it is for the Family & Friends Christmas Hamper.

Pockets: Please regularly check your child's pocket at kinder (where their hats live) for any notices or fundraising forms.

Ladies Social Night Out: Stay tuned, we are organising a ladies social night out in November, more details to come.

Heiner's Pie Drive: Thanks everyone who ordered pies from the Heiner's pie drive, this was well supported, congratulations to Kath Baldock and Nat Kelly who sold lots of pies to their friends and work colleagues and submitted the largest orders. We raised over \$630.

Movies in the school holidays: Over \$1,000 was raised at the screenings of Frozen and The Lego Movie during the July school holidays, we hope everyone enjoyed the movies, and thanks for supporting this valuable fundraiser.

Please let us know if you are keen to help out with anything at all or have any suggestions for great fundraising ideas.

Thanks everyone
Lisa

Family & Friends contact:
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Love this super easy Sticky Date Pudding recipe. We have adapted this recipe for childcare by reducing the amount of sugar and eliminating the caramel sauce. For home, the Caramel Sauce is a must!

Super Easy Date Loaf (serves 4)

Ingredients

1 cup SR flour	100g butter
2 eggs	¼ cup brown sugar
1 cup boiling water	½ tsp bicarb
1½ cups chopped pitted dates	
Caramel sauce	
1 cup brown sugar	
300ml cream	
60g butter	
½ tsp vanilla	

Method

Place dates, water and bicarb into bowl of food processor. Allow to stand for 5 minutes.

Add butter and sugar and process until well combined.

Add eggs and flour and process until just combined.

Pour into a greased tin and bake at 180 for 30-40 minutes.

Caramel Sauce

Place all ingredients in saucepan over medium heat. Bring to the boil stirring consistently. Reduce heat and simmer for 2 minutes. Pour over sticky date loaf and ENJOY

