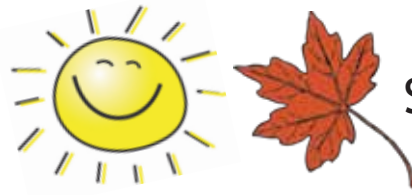




Alpine View children's centre



Summer/Autumn Parent Newsletter 2015

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Dates for the diary:

- Friday 27th March
Last day of term 1
- Friday 3rd April
Good Friday (Closed)
- Monday 6th April
Easter Monday (Closed)
- Monday 13th April
Term 2 starts
- Tuesday 14th April
Kinesiology session with
Brendan O'Hara 9.30 -
10.30am & 1-2pm
- Monday 27th April
Staff Professional
Development Day (Closed)

News from the Rooms

Joeys

The beginning of the year has been dominated by settling the new children and their families into the Joeys Room.

Now that this has been achieved we have been able to offer more experiences. Art and Craft is being offered in the indoor and outdoor spaces.

The children have been finger painting as well as with cars and stamping.

They have also been sticking feathers to framed pieces of contact.

The children have been making lots of animal sounds so we have introduced animal books to the room along with farm animals, tractors and trailers. We are in the process of setting up a farm yard.

Home corner has been well utilised with lots of tea parties, this term. We have added highchairs and beds for the dolls as well as prams for the children to push along our paths and bike track in our outdoor play space.





Wombats

Welcome Kerri to the Wombats Room. Kerri achieved her Teaching Degree last year and has moved to the area from Melbourne. She is working 5 days a week in the room.

Most of the children have transitioned well into the Wombats Room, and are developing strong relationships with the Educators.

Water play has been a popular experience for the Wombat children during the first part of the year.

They have been experimenting with pouring, splashing and water painting. They have also been playing a fishing game with the Emus children.

The children have been exploring art by experimenting with different coloured paint. Using scissors and glue has also provided interest for the children.

Outside play this time of year is always full of new challenges such as climbing, balancing and jumping.

The outdoor kitchen with fresh herbs and flowers made for a lovely muddy time.

We have been exploring a drama experience of “Going on a Bear Hunt”. The children have engaged and participated with enthusiasm.



Emus

Goals

Learning Outcome 1: Identity

Developing secure attachments to the educators on arrival and throughout the day

Learning Outcome 2: Community

Making links with peers and developing teamwork

Learning Outcome 3: Wellbeing

Encouraging children to develop self-help skills and in particular an awareness of bodily needs

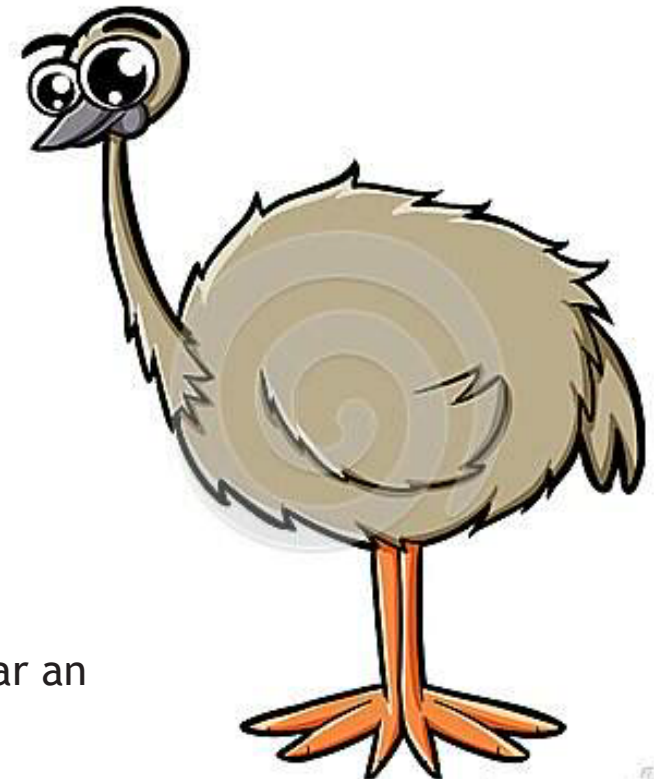
Learning Outcome 4: Learning

We have been learning about our environment at Alpine View and developing the interests and knowledge of the children.

Learning Outcome 5: Communication

Encouraging children to communicate ideas, knowledge and understandings to educators and peers.

Dianne and Marlene are offering Information sharing sessions for parents during the second term. Please make a time to meet with them to discuss your child's development and learning.



Family and Friends

The Annual General Meeting was held on Tuesday 24th February. Lisa Flew (President and Treasurer) and Kath Baldock (Secretary) finished their involvement with the group as their children are at school.

The family and friends group are very grateful to both Lisa and Kath for all their hard work.

The new group for 2015 has been elected and is as follows:

President: Jodie Germaine/Melissa McGregor

Treasurer: Sally Cocks

Secretary: Katie Ferrito

We hope you can join us at the welcome picnic at Ringer Reef on Friday 20th of March.

This is a great opportunity to meet other parents and educators.

We would also like to remind families that the Family and Friends Group is an important and necessary avenue for funds to be raised for the Alpine View Centre.

Please let us know if you are keen to help out with anything or have any great fundraising ideas.

Thanks everyone

Katie Ferrito



What's happening in 2015?

Shade solutions, pathways, natural gross motor play, bike path extension, labyrinth (zen area).....

The outside play space team - Susan, Dianne, Kristy, Deb, Annie and Kate would like to keep all staff and families in the loop of our recent progress. 2015 will be about supporting and shading a number of "zones". We have identified them as:

ZONE 1 - The Cave (Otherwise known as the smaller sandpit)

ZONE 2 - Natural Gross Motor (Otherwise known as the small soft fall area)

ZONE 3 - Camp Kitchen (Food hub, in between the swings and large soft fall area)

ZONE 4 - Labyrinth (Creation of a Zen space)

MAINTENANCE - (other)

• Mulching, bike path extension, pathways, vine planting for pergola.

With tackling all the above our considerations will be:

- Commitment to safe play environments
- Innovative and cohesive design
- Inclusive playspace design
- Range of elements
- Natural / Historic / Cultural aspects
- Shade elements
- Environmental sustainability

We have created "mood boards" per zone, to give you a sense of what each will be transformed into.

Please feel free to contribute more or add words.

From this an implementation plan will be put into place.

Any questions - feel free to discuss with anyone from this team.



Recipe

Moroccan Chicken (serves 4)

Ingredients

1 brown onion	30g dried apricots chopped
500g diced chicken	400g tinned tomatoes
1 large zucchini cut into 3cm lengths	1 tbsp garlic
1 carrot cut into 3cm lengths	1 tsp orange rind and juice
1 x tin chickpeas	½ tsp honey
2 tsp ground cumin	1 tsp ground cinnamon
Pinch ground cloves	½ tsp paprika
1 tsp ground coriander	½ tsp fennel seeds
½ tsp tumeric	400g tomato soup

Method

Fry onions in oil until soft. Add garlic and spices.
Add carrot, tomato, tomato soup, orange rind, juice and honey.
Cook chicken in separate pot. Add chicken stock.
Add cooked chicken pieces to vegetable mix. Simmer 1 hour.
Add zucchini and apricots and drained and washed chickpeas. Cook for a further 10 minutes.
Serve with cous cous or rice.



Valuable Training for our Educators

45 educators from Alpine Children's Services (ACS) attended a valuable day of training in Bright on Saturday 14 March. The day was presented by Catharine Hyden who covered the importance of professionalism in early childhood education. Catharine is well known in Australia as a strong advocate for professionalism, ethical practice and as a facilitator of pedagogical leadership.

ACS General Manager Jenny Griffiths said it was a fantastic day for all of the educators to come together for professional development. The educators came from all of ACS services including Alpine Family Day Care, Alpine View Children's Centre, Lake View Children's Centre and Mountain View Children's Centre.

"ACS really appreciates everyone giving up their Saturday to attend this training," she said.

"This reflects our commitment to high quality early childhood education and the dedication shown by our teachers and educators.

Georgina Fonay, an educator from Lake View Children's Centre, said, "I will now be more mindful and deliberate with identifying children's potential learning and development".

- Working in collaboration with educators from across ACS who have a diverse range of skills and experiences,
- Learning how to support children's learning so children progress from "I need help to do this" to "I can do this on my own", and
- Improving the educator's skills and knowledge of the early years learning framework to enhance the development of each child.



ACS is having a second day with Catharine Hyden on Monday 27 April with all services managed by ACS closing for the professional development day

Seedlings - Education for Sustainability



Alpine Children's Services, in partnership with Parks Victoria and the Bright Scout, is proud to be hosting a movie night for parents interested in reconnecting their family with nature.

Project Wild Thing is a film led movement to get more kids (and their folks!) outside and reconnecting with nature.

The film is an ambitious, feature-length documentary that takes a funny and revealing look at a complex issue, the increasingly disparate connection between children and nature.

Project Wild Thing is much more than a film, this is a growing movement of organisations and individuals who care deeply about the need for nature connected, free-range, roaming and outdoor playing kids in the 21st century.

More information to follow in the near future so keep posted....

Educator Leader - Dianne Berton

I am pleased to announce Alpine View Children's Centre received an Exceeding rating from our National Quality Framework Assessment and Rating visit which was conducted in November, 2015.

During January and February educators have worked towards making the children feel comfortable in their new room and environment. All educators have worked collaboratively with each other to share information and build on the children's prior learning. This has involved communicating with the child's previous educators to ascertain the best strategies to aid the children in settling, to build continuity for their learning and development and learn to their fullest potential. (Practice Principle 2 Partnership with professionals - Victorian Early Years Learning and Development Framework.

If you feel your child is having difficulty settling or there are strategies that you feel will help your child please speak to the educators in your child's room.

We welcome the feedback.

Friendly Reminder

FOOD AND TOYS TO CENTRE

Parents please note that we prefer that toys from home be left at home. The children can get upset if a toy from home is broken or other children want to also play with them. For these reasons please explain to your child that their toys must not come to the centre. Comfort toys are an exception to this.

As we have children attending our centre with food allergies or intolerances we ask that children not enter the building eating foods from home. Morning Tea is served about 9.30 am and is always substantial for children who have not eaten breakfast.

Maternal Child Health



What's On In Alpine ? (For Toddlers and Pre Schoolers)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Myrtleford Maternal and Child Health Centre Appointments 9am-4pm Ph. 5751 1959</p> <p>Playgroup –Mt Beauty Community Centre 9.30-11.30am Ph. 0438 111 554 Nicole</p>	<p>Bright Maternal and Child Health Centre Appointments 9am-4pm Ph. 5755 5101</p> <p>Immunisations- Mt Beauty (Bi-Monthly) 9.30-10.30am (free) Mt Beauty Community Centre 14th April, 9th June, 11th Aug, 13th Oct, 8th Dec 2015</p>	<p>Myrtleford Maternal and Child Health Centre Appointments 9am-4pm Ph. 5751 1959</p> <p>Immunisations-Bright (Bi-Monthly) 9.30-10.30am (free) Bright Senior Citizens Centre 6th May, 1st July, 2nd Sept, 4th Nov 2015</p>	<p>Mt Beauty Maternal and Child Health Centre Appointments 9am-2pm Ph. 5754 4734</p> <p>Mt Beauty Toy Library Lakeview Children's Centre 9.15-10.15am Ph. Claire 0414 543 920</p>	<p>Storytime-Tawonga Tawonga Primary School 9.30am (free) Ph. 5754 4468</p> <p>Rhyme Time – Bright Bright Library 10.30am (free) Ph. 5755 1540 (Birth-2 year olds and parents)</p>	<p>Toy Library- Bright Multipurpose Room Alpine View Children's Centre 9.30-11am Ph. Tracy 5755 1688</p> <p>Toy Library-Myrtleford Senior Citizens Centre Smith Street 10-11.30am (2nd and 4th Sat of Month) Ph. Sukey 0421 286 334</p>
<p>Playgroup – Bright Multipurpose Room Alpine View Children's Centre 10-11.30am Ph. Sarah 5755 1332 0411 027 083</p>	<p>Immunisations-Myrtleford (Bi-Monthly) 10-11am (free) Senior Citizens Centre 7th April, 2nd June, 4th Aug, 6th Oct, 1st Dec 2015</p>	<p>Learn To Swim Bright Sports Centre Gavan Street Classes 9-11.30am (6m+) Ph. Barbara 5755 1049</p>	<p>Learn To Swim Bright Sports Centre Gavan Street Classes 9-11.30am (6m+) Ph. Barbara 5755 1049</p>	<p>Learn To Swim Bright Sports Centre Gavan Street Classes 9-11.30am (6m+) Ph. Barbara 5755 1049</p>	
<p>Book Bugs-Myrtleford St Mary's Primary School- Nagle Centre 10-11am (free) Ph.5752 1808</p>	<p>Playgroup- Myrtleford Senior Citizens Centre Smith Street 9.30am-12 Noon Ph. Loretta 0407 656 550</p>	<p>Mount Beauty Country Women's Association 3rd Wednesday of the month 7pm Uniting Church Hall Ph: Karen 0404 153 168 Email: mountbeautywa@gmail.com</p>	<p>Story time – Bright Bright Library 10am (free) Ph. 5755 1540</p>	<p>Playgroup – Harrietville Harrietville Hall 10-11am Ph. Anna 0417 056 432</p>	
<p>Wiggly Woo Children's Hour – Alpine Radio Kiewa 96.5FM, Ovens 92.9FM 12 noon – 1pm (free)</p>	<p>Myrtleford Toy Library Senior Citizens Centre (2nd and 4th Tuesdays of month) 10-11am Ph. Sukey 0421 286 334</p>	<p>Rhyme Time-Myrtleford Myrtleford Library O'Donnell Avenue 10am (free) Ph. 5753 2038 (Birth-2 year olds and parents)</p>	<p>Mt Beauty Pram Walk (Starts at Mount Beauty Library) Meet at 11am (Cuppa & chat in wet weather) Ph. Bronnie 0418 822 109</p>		
	<p>Romp N Stomp Bright Community Centre 10-11am (Crawlers up) Ph. Michelle 0417 256 728</p>	<p>Playgroup-Porepukah Porepukah Primary School 9.30-11am Ph. 5756 2253</p>	<p>Mount Beauty Community Parenting Group Mt Beauty Library (free) 11am (Last Thursday of Month) replaces Pram Walking on this week Ph: Bronnie 0418 822 109</p>		
	<p>"On The Move" Playgroup-Tawonga Tawonga Hall 10-11am Ph. Nicole 0438 111 554</p>		<p>Story time- Mt Beauty Mt Beauty Library 10.30am (free) Ph. 5754 4542</p>		
			<p>Bright Pram Walkers (Autumn and Spring Only) Details TBC</p>		



School newsletter insert

State Emergency Service

Benalla Office, 64 Sydney Road, BENALLA, 3672.

Flood experts and enthusiasts wanted! SES needs your help to develop the Myrtleford Flood Guide!

SES is seeking interested members of the Myrtleford community or local organisations to help develop and check a new flood guide being developed for the town. A draft Myrtleford Flood Guide is now ready for community review and input. Anyone with an interest or experience of floods in the Myrtleford area is encouraged to get involved. It is very important that the guide captures local knowledge and that the information we have already gathered is checked before going to print.

The draft guide is available for community comment and/or input until Friday 27th March 2015. Electronic and printed copies are available from the SES NE Regional Office by contacting: northeast@ses.vic.gov.au or 9256 9650. Printed copies of the draft guide are also available from the Myrtleford Library (Cnr Standish Street and O'Donnell Avenue Myrtleford) and Alpine Shire offices in Bright and electronic copies from the Alpine Shire website: www.alpineshire.vic.gov.au.

This flood guide is one of over 50 flood guides being developed for flood-prone towns in Victoria and is funded by the Federal Government's Natural Disaster Resilience Scheme. The finalised guide will include a flood map, local flood history and advice on how to prepare, respond and stay safe when floods happen.

During April, a flood information night will be advertised and give residents the opportunity to ask questions about the flood guide and the information it contains. Representatives from SES and Alpine Shire will be available on the night to copy your photos, gather more "local knowledge" and answer any questions.



For more information, contact:

Name: Sue Sheldrick

Position: Community Resilience Coordinator

Phone: 03 9256 9650 / 0400 877 731

Email: northeast@ses.vic.gov.au