

Nature play at Mountain View

MYRTLEFORD'S Mountain View Children's Centre has embraced the concept of 'nature play' for a week-long activity program.

Alpine Children's Services' Paula Miotto said nature play was a term used to describe the creation of simple play opportunities in a natural environment.

"Nature play encourages children, parents and educators to see the natural environment as a place to enjoy, play, imagine, relax and explore," she said.

"Educators at Mountain View Children's Centre embraced this concept by providing activities and experiences during the week that allowed the children to engage and connect with nature and the outdoors.

"Children have had the opportunity

to paste and paint with nature, explore using their senses, observe wildlife, have fun jumping in puddles and play in the outdoors."

Ms Miotto said the highlight of the week was a barefoot sensory walk.

"After a picnic lunch at Memorial Oval, children and educators took their shoes off and explored natural materials under their feet. They experienced leaves, small pebbles, hay, water, ice, acorns, sawdust, leaves and mud. There was even a special visit from Mother Nature," she said.

"Children who play in nature learn to love nature. This is something Mountain View educators strive for by participating in local, Australian and global sustainability events."



MOTHER'S DAY: Mountain View Children's Centre educator Julie Newlands takes on the role for the nature play activities.

