

Experts visit to help parents

ALPINE Children's Services (ACS) is inviting parents to hone their skills and attend the 'Expanding Parenting Toolbox' presentation at Education Myrtleford Performing Arts Centre on Thursday, May 22.

ACS general manager Jenny Kromar said the event would feature two guest speakers travelling from interstate to discuss parenting with the community.

"We are very excited to

host Warren Cann from Brisbane who is the board director of the Raising Children Network and also the chief executive officer of the Parenting Research Centre," Ms Kromar said.

"Warren is a psychologist whose career has been focused on developing, testing and presenting evidence-based programs and strategies for supporting parents in the crucial task of raising their children. He is an active

contributor to website content and is a frequent media spokesperson for the Raising Children Network."

Mr Cann will offer 10 research-backed ideas for strengthening parents' relationships with their children, dealing with difficult behavior and coping with the 24-7 demands of being a parent.

Niki Buchan will present on the topical issue of risk-taking in outside play.

"Niki is a leading expert

on risk taking in children's play. She will help parents learn what sort of play is acceptable and what is too risky and how parents' can best support children's learning and development," Ms Kromar said.

Tickets are \$10 and include a light supper, with concession card holders free. Tickets are available at Lake View Children's Centre (Mt Beauty), Alpine View Children's Centre (Bright) or

Mountain View Children's Centre (Myrtleford) or at the door at the Education Myrtleford Performing Arts Centre, Prince Street, Myrtleford.

Doors open at 7.15pm for a 7.30pm start on Thursday, May 22.

Alpine Children's Services would like to thank the event sponsors - Bendigo Bank (Bright), Alpine Health, Alpine Shire Council and Gateway Community Health for their fantastic support.



CHILD'S PLAY: Raising Children Network director Warren Cann will help Myrtleford district parents on May 22.